

Caregivers Training Grant (CTG)

CTG provides informal caregivers with a grant to attend training in order to equip them with relevant knowledge and skills to care for the physical and psycho-emotional well-being of their dependants.

Eligibility

To be eligible for the CTG, the caregiver must:

- ✿ Be a caregiver of a Person With Disability(PWD) or seniors (age 65 years and above), who is a Singapore Citizen or Permanent Resident.
- ✿ Be the main caregiver of the PWD or elderly.
- ✿ Attend training course(s) pre-approved for the purpose of this training grant.
- ✿ Complete the course, fill in CTG evaluation form and receive the Certificate of Attendance.

For more information, please visit:

<http://www.gmcs.com.sg>
<http://www.aic.sg>



Grace Management & Consultancy Services Pte Ltd

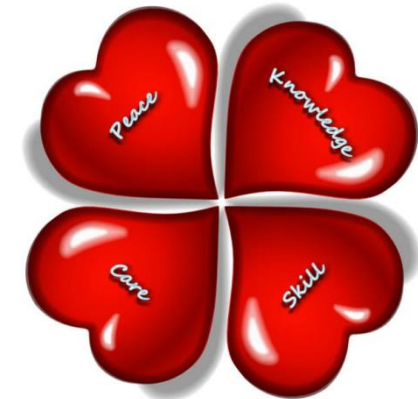
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Caregiver Training Courses



CAREGIVER
TRAINING

Elderly Daily Care (FDWG applicable)

Overview

As we age, our mental and physical abilities generally deteriorate. This deterioration affects Activities of Daily Living (ADL).

Our Objectives

- ✿ We provide applicable skills to caregivers so that they can meet the special needs and requirements unique to the elderly.
- ✿ We work through caregivers to help the elderly live a purposeful and meaningful life while retaining as much independence as they can.
- ✿ We cover risk factors related to falls, nutrition, medication and personal hygiene.

Course Fee

Home based: S\$180.00 (GST included)

Caregivers Training Grant applicable, subjected to a co-payment of S\$10.

Duration

Home based: 4 hours

Introduction to Dementia Care (FDWG applicable)

Overview

Alzheimer's Disease (AD) is a progressive brain disease of unknown causes that slowly destroys memory and thinking skills.

Our Objectives

- ✿ We provide training to enable caregivers to understand the nature of AD.
- ✿ We share strategies in dealing with AD including communication techniques, dealing with inappropriate behaviour.
- ✿ We cover specifics to manage hygiene, incontinence and nutrition.

Course Fee

Home based: S\$180.00 (GST included)

Caregivers Training Grant applicable, subjected to a co-payment of S\$10.

Duration

Home based: 4 hours

Certification

All participants of our CTG courses will receive a Certificate of Attendance upon successful completion.

All of our trainers are Singapore Nursing Board Registered Nurses.

Stroke Caregiver Training

Overview

Being a caregiver for a stroke victim can be a challenging experience as he/she will encounter mild to severe disabilities.

Our Objectives

- ✿ We provide the caregiver with a firm understanding of stroke conditions and applicable skills to manage them.
- ✿ We cover transferring skills related to mobility, incapacity affecting Activities of Daily Living and care of a bed-bound stroke victim.

Course Fee

Home based: S\$200.00 (GST included)

Caregivers Training Grant applicable, subjected to a co-payment of S\$10.

Duration

Home based: 4 hours

Note: We reserve the right to amend the course fees from time to time without prior notice.